

## Getting Vaccinated Testimonial Script

Note: Please use this as a foundation and reference to create a staff video of your positive and real experience getting the vaccine. Please feel free to adapt to your own words and tone (stay within your comfort zone)! Remember, we want it to feel informal, authentic, warm, friendly and genuine.

Please keep to two minutes or less and, if possible, create two separate videos: 1) in English and 2) in a client language when applicable and possible (linguistically accessible). We also recommend recording in landscape mode if recording on your cell phone. For guidance on how to make videos, please reference this HQ “Making Videos Guidance.”

Once they are finished, upload your 1-2 videos to your respective office subfolder in this Box folder, as this will be the easiest way to receive the video. Please upload your videos as soon as possible.

Ultimately our role is to provide an approachable understanding of what our experiences have been like getting the vaccine so clients can make the best-informed decision for themselves and their family based on trusted sources, including staff. We are here to empower individuals, not discount people’s concerns, or contribute to mistrust and fear-based approaches.

Please reference this wonderful video [here](#) from Pedro in SLC for an idea of a well created video! Please also see an example below of the types of things that you can include in your testimony, based on Pedro’s video.

1. Hi my name is x, and I am a x (job title) at the IRC
2. The reason why I got the vaccine was (a few personal reasons) ...
  - a. For example, I care about my community, and I care about my health, and I care about others around me, and I wanted to feel safe and be closer to being able to go out and about again, and be able to make sure I am protecting the people around me and be safe overall
3. I got the vaccine dose(s) about (say when you got them)



The International Rescue Committee helps people whose lives and livelihoods are shattered by conflict and disaster to survive, recover and regain control of their future.

The National Resource Center for Refugees, Immigrants, and Migrants (NRC- RIM) is funded by the U.S. Centers for Disease Control and Prevention to support state and local health departments working with RIM communities. Learn more at [nrcrim.umn.edu](http://nrcrim.umn.edu). Last update: 06/16/2021.

- a. For example, a month and half ago
4. The first dose I got, I had (share brief side effects)
  - a. For example, I had a little pain around my arm, around the area where I got the shot. I had this for about two days after, but nothing serious, it was mild
5. After that, I felt fine! After the second shot, I (say how you felt in a friendly, warm manner)
  - a. For example, I didn't feel pain when I got the injection, but two days after, I did feel pain going down my arm, my muscles were sore. So, I went to bed early and woke up the next day like nothing happened
6. Now I feel great, I do not have any side effects, I feel fine!
7. What I would say to people who have not yet gotten the shot, or are thinking about whether or not to get the shot, is to think about the things you are most looking forward to doing when you become vaccinated. Personally, I am looking forward to x (name 1 or 2 things) now that I am vaccinated
8. We know there is a lot of information out there, and that this is a personal choice. We want you to know it is okay, and normal, to have concerns and questions, and we are here to listen to your thoughts. We encourage you to get information from trusted sources so you can make the right decision for yourself, to keep you and your family safe. We can point you in the direction of some sources we know are accurate and trusted
  - a. (Please personalize depending on your language and word preferences, we also do not want to use forceful language saying clients have to get the shot)
9. This will help our community feel safer, and prevent this awful virus from spreading around the world and around our communities so that in the future we can...
  - a. For example, go out again and have fun and be able to hug each other, shake hands, go out shopping, go do the things we usually would do a year ago, and do them all over again without being scared anymore
  - b. We are one step closer to this as more and more people get vaccinated
10. That is why I got the vaccine, to get things back to normal as best as we can, to protect myself, my family and my community. Please stay safe and well. Thank you!



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