



JOHNSON & JOHNSON COVID-19 VACCINE SOBANUKIRWA.

Byagenze bite

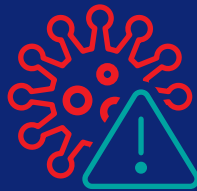
Kugeza muri Mata 2021, abantu barenga 15, cyane cyane abagore bari hagati y'imyaka 18 na 48, bagize ibibazo by'okuvura amaraso nyuma y'ibyumweru bike babonye urukingo rwa J&J.

Kuvura kwamaraso bikunze kuba GAKE CYANE

Kugeza muri Mata 2021, inkingo zirenga miriyoni 8 za J&J za Covid-19 zaratanzwe muri reta zunze ubumwe za Amerika.

Kubagore bari hagati y'imyaka 18 na 48 y'amavuko, kuvura kwamaraso kwagaragaye incuro zigera kuri **7 mubagore miriyoni 1**. Kubagore bagejeje nabarengwe imyaka 49, ndetse nabagabo mummyaka yose, bikunze kubaho gake kurushaho.

Ibi bivuzeko **ahamirwe ya uwariwewe**se kugira kuvura kw'amaraso nyuma yoguhabwa inkingo ni **gake bihebuhe**.



Birashoboka cane ko abantu barwara bakaremba cyangwa bakanapfa biturutse kuri Covid-19 kuruta uko bagira ibibazo byo kuvura kw'amaraso.

Miriyoni z'abantu zahawe **inkingo neza** za J&J, harimo abantu b'irangi ry'uruho batandukanye, amoko atandukanye, ndetse n'imyaka itandukanya.



J&J ni gusa **urushinge rumwe**, rero ruraboneye, ni rwiza kandi rurakora.

Inzindi nkingo zirahari. Ntukuvura kwamaraso kuravugwa nkingangaruka zinkingo ziterwa muburyo mwinshingwe ebyiri.

Ubaye ugifite ibibazo, wabaza umuganga n'iba hari izindi nkingo zaba nziza kuri wowe.



IBY'URIRIZI WAGENZURA



Nubwo kuvura kw'amaraso bidakunze kubaho, mugihe **3 nyuma y'ibyumeru 3 uhawe urukingo rwa J&J, gera k'umuganga kugirango umenye niba ufite ibyo byuririzi:**

- Kuribwa umutwe cyane cyangwa bihora
- Kutabona neza
- Kubura umwuka
- Kuribwa m'ugituza
- Kubyimba amaguru
- Kubabara mu nda buri gihe
- Gukomeretsa byoroheje cyangwa utuntu duto duto twamaraso munsu yuruhe hejuru yaho watwe urushinge.

URUKINGO RWA J&J NI RWIZA

Abashinzwe ubuzima muri Amerika bakurikiranira hafi ibibazo by'ubuzima biturutse ku nkingo. Bafatana uburemere ikibazo icyo ari cyo cyose.

Abashinzwe ubuzima bahagaritse inkingo za J&J kugirango bamenye byinshi kuberekeye kuvura kwamaraso amaraso.

Guhagarika urukingo kubera ingaruka zidakunze kubaho byerekana ko abashinzwe ubuzima bakurikiranira hafi inkingo.

Abayobozi ubu biyemeje



Ibyago byo kuvura amaraso mu rukingo rwa J&J ni **bidakunze kubaho**



Kuvura amaraso ni **bishobora kuvurwa**



inyungu y'urukingo iruta kure ingaruka zose zituruka kuri rwo

*Irinde wowe. Rinda n'abo mumuryango mugari. **Iteze urukingo.***