

BŌK MELELE KAKE.

ÑAN RO IM
5 RUO AER IIŌ
IM LŌŃĻOK
EWŌR

KŌJPAROK AJRI EO NĀJIM.



KŌJPAROK JUKJUK IN PĀD NE AM.

Enaaj ɓap an kŏjparok aer mour im ājmuur ñe ajri kab tiinej ro rej ebŏk wā in.

Wā in ej kŏjparok aolep armej, koba ajri im tiinej ro jān nañinmej in COVID-19. Wā in enaaj kŏjparok bwe ajri im tiinej ro ren jab lukkuun in nañinmej im jorrāān eɓaññe rebŏk nañinmej in.

Elŏñ bar kij in COVID-19 ko rej waɓok raan kein āinwŏt Delta variant eo, me eɓapɓok an ajeeded kab ej kŏmɓan bwe armej en ɓapɓok aer mŏjɓŏ im nañinmej. Wā ko rej ñaetan vaccine ko rej jipañ bŏbrae kij in Delta eo.

Ñe ajri ro im tiinej ro rej ebŏk wā in ej kŏjparok jukjuk in pād eo.

Mŏjin an juon armej bŏk wā, ebwe an pen an ajeeded COVID-19 ñan ro jet. Ñe juon ajri me emaroñ in bŏk wā in ej bŏke, ej kŏjparok:

- Ro mŏttan im ro nukwin me rejañin bŏk wā in.
- Ej kŏjparok lillap im ɓŏɓap ro me remŏjɓŏ im ewŏr aer nañinmej im remaroñ in lukkuun jorrāān kake COVID-19.

Ñe elŏñɓok ajri kab rŭtto im rej bŏk wā in, enaaj pidodo ad kapelɓok peejneɓ ko kab mŏn jikuuɓ ko me rekar kiiɓok.



WĀ IN EJAB KAUWŌTATA KAB EMŃAN AN JERBAL

- Jān jinoin an Amedka jutak ñan rainin, ejjeɓok bar wā rŏt in im eɓap wŏt aer kakŏlkŏl kake im etale bwe en lukkuun in emŃan an jermal.
- Raar loe bwe wā in ekar im emŃan ñan ajri, tiinej kab rŭtto ro, jekdoon jete aer iiŏ, jekdoon er ri āniin ak ri likin, emŃan ñan aolep.
- Ejjeɓok men rej loe me ej kwaɓok bwe enana ak e kauwŏtata wā in, im eban bŏbraek an maroñ in wŏr nājier ajri ilju im jekɓaj; reban orañe ak war.

EJJEɓOK OŃEAN, BŌRII ÑAN AOLEP.

- Kwe kab ajri eo nājim emaroñ in bŏk wā in kŏn ejjeɓok oŃean jekdoon ñe ekar ɓotak āniin ke jab.
- Ejjeɓok oŃean im kwŏjɓab aikuj bŏktok jabdretakwŏt peba, insurance ak ID bwe komiro ajri eo nājim en bŏk wā in.

Ta ko jej katmāne

Mōjin an ajri eo nājim bōk wā in bōbrae COVID-19, emaroñ bar roḷ ñan jikuuḷ, ikkurre ippān ro jet im loḷok ro mōttan im ro nukwin.



Ilo naaj appointment eo:

- Mōkta jān an taktō eo ak nōōj eo leḷok wā in ñan ajri eo nājim, renaaj kameleḷeik eok kake innem āliji rekḷot ko an ajri eo nājim im lale ñe ewōr aḷ kajjitōk.
- Ajri eo nājim enaaj aikuḷ in kattar ilo mōn taktō eo iuḷwin 15-30 minit ālikin an bōk wā eo bwe ren lale ñe a kadeke wā eo.



Jejjo wōt abḷōḷō remaroñ waḷok mōjin aḷ bōk wā in.

Eḷaññe ajri eo nājim ej abḷōḷō mōjin wā in EJJAB meḷeḷein bwe ewōr an nañinmej in COVID-19.

Abḷōḷō ko ilo ānbwinnen ajri eo ej meḷeḷein bwe wā eo ej katakin ānbwinnen kilen tariḷaek im ḷanḷan kij in COVID-19 eo.

Abḷōḷō ko im remaroñ waḷok ej:

- Metak ak ebaj ilo pā eo me raar wāki
- Mōk im mejki
- Metak bōr
- Metak ḷajeḷ ko
- Piḷ
- Piba im bwil
- Mōḷaḷaḷaḷ



Elukkuun in jeja an waḷok abḷōḷō eḷap mōjin aḷ bōk wā in.

Wā kein rejab kauwōtata, rōḷḷan. Ajri eo nājim enaaj ḷapḷok an nañinmej kōn COVID-19 jān an abḷōḷō kake wā eo.

Jejjo wōt armej rekijoñ in bōk mekak ak metak in menono eo rej ḷaetan myocarditis ak pericarditis.

- Elukkuun in jeja an waḷok abḷōḷō eḷap
- Eḷaññe juon armej ej bōk abḷōḷō ak nañinmej jān wā in, ewōr uno in jipaḷ er im enaaj jakoḷok abḷōḷō ko
- Bōtaab, eḷapḷok eḷḷan jān nana ilo aḷ bōk wā in

KAJJITŌK IPPĀN TAKTŌ EO Aḷ BWE EN LEWŌJ MEḷEḷE

Kōnono ippān taktō eo an ajri eo nājim ak nōōj ro bwe kwōn ekatak kake wā in bōbrae COVID-19 kab wā ko jet me ajri eo nājim ej aikuḷi ñan kauñ an wā.