

# GET THE FACTS.

## COVID-19 TESTING PROTECTS THE COMMUNITY

Even if you are vaccinated, you can get infected with COVID-19 and may not know it because you may not feel sick at all. When you get tested you protect your loved ones, your community and yourself.

People are getting tested regardless of whether they are vaccinated and regardless of whether they feel sick because it makes our communities safer. Anyone can get tested, including adults, children and babies.



### WHEN TO GET TESTED

- If you have symptoms
- If you have been around someone else who tested positive
- Before and after you travel
- Before and after you gather indoors with many people
- If it is required by your school or work



### SYMPTOMS

- Fever
- Cough
- Shortness of breath
- Fatigue (tiredness)
- Sore throat
- Runny or stuffy nose
- Muscle pain or body aches
- Headache
- Vomiting or diarrhea
- Loss of taste or smell

Because the symptoms of COVID-19, influenza (the flu) and the common cold are very similar, the only way to know if you have COVID is to get tested.

## WHERE TO GET TESTED

### Many places offer testing

You may be able to get a test at a doctor's office, a community testing site, work, school, or a pharmacy. Many pharmacies also carry at-home tests you can do yourself.

### Testing is confidential

You can get a confidential test regardless of your immigration status or whether you have medical insurance or an ID.

## TESTING IS FAST AND SAFE

### There are many ways to test

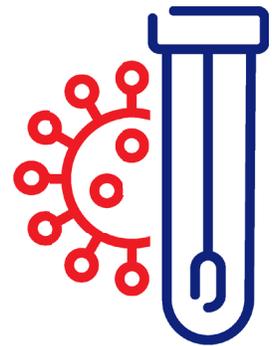
You or a healthcare professional may take a sample from your nose, throat, or saliva.

Some tests cost money and others are available for free. Contact your health department for more information.

### While you wait for results

Some tests give you results right away, and other tests may take a day or more.

Protect others if you feel sick by staying home, wearing a mask, and practicing social distancing.



### IF YOU TEST POSITIVE

Staying home from work, school, or social events if you test positive or anytime you feel sick is one of the most important things you can do to protect your community.

Take care of yourself by resting, drinking lots of water, and calling a doctor if your symptoms get worse.

**If you are not already vaccinated or have not gotten your booster, you can get a shot after you recover. Ask your doctor about when you can get a vaccine.**

### IF YOU TEST NEGATIVE

Continue to protect yourself by wearing a mask, practicing social distancing, and staying home when you feel sick.

Test again if your symptoms don't go away or as often as needed to make sure you continue to protect your community.

**If you are not already vaccinated, get your vaccine right away. If you are vaccinated, be sure to get a booster to protect yourself and others.**



**PROTECT YOURSELF. PROTECT YOUR COMMUNITY. GET VACCINATED.**