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actually more beneficial for me.**

**- ABDULLAH**

Hi, my name is Abdul. I'm 18 years old and from Afghanistan. A month after me and my family arrived in America, the country was in a lockdown. The COVID-19 pandemic made it harder for me to adjust to our new life in America, but I am grateful to be with my family through it all. I was happy when the COVID-19 vaccine came out and was excited to get it. I'm fully vaccinated, and I don't think it's harmful—it's actually more beneficial for me.

My father also encouraged me to get the vaccine. He felt that it was important to protect ourselves and our younger and older family members from the virus. I encourage everyone to get vaccinated to help stop the spread of COVID-19.

