

# BŌKI MELELE KO

## WĀ KO EJJELOK ONĀER



Bōtaab kwoj aikuj kajjitōk ñe ewor jabdeiwot kwoj aikuj kōllā ilo am wā.

- Ejjelok juōn enaaj kabōjrak am wā meñe kwojrab maroñ kōllāiki onāan aer wāiki kwe.
- Elikin an naaj lōn wā aolep jikin, jabdeiwot armij remaroñ wā jekdrōn won er.
- Aolep remaroñ wā ñe ejejjōt ien aer wā.

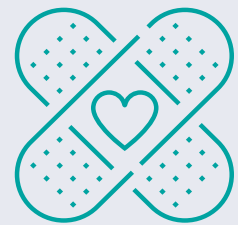
### Wā in ej kōjparok bwe kwon jab bōk COVID-19

- Ñe kwo bōk COVID-19 elikin am wā, wā eo enaaj kejbarok kwe jen am lukkun nañinmij.
- Bōk wā eo, meñe emōj am kar bōk COVID-19.
- Ejjañin alikkar aetokan an wā in maroñ kōjparok armij bwe renjab bar nañinmij kin COVID-19.



Wā in COVID-19 eo emman im ej jerbal. Wā in EJJAB lewoj COVID-19 ñan kwe.

- Emman lok bōke wā in jen am bōke COVID-19.
- Million armij emōj aer wā im emman.
- Ejjelok bar juōn wā elap etāle kin joñan an emman ijellōkin ilo bwebwenato in Amedka.
- Emōj kamoole ke emman wā in ñan taujin armij, ekoba armij in kajjojo lal, kil im iiō.
- Wā in COVID-19 ejjab ukōte DNA ne am.



# EMAROÑ WOR KAKŌĻĻE KO.

kakōļļe EJJAB melelein ke ewor COVID-19 ibbam.

- kakōļļe ej melelein bwe wā eo ej katakin enbwinnim kilen tarinaeki COVID-19.
- kakōļļe ko emaroñ koba:
  - Metak ak ebbōj ijo ekar wā ilo peim.
  - Metak bar, biḡ, ak piiba.
- Ñe enana am mour, kwonāāj aikuj bwelen jḡḡok jet raan jen jermal mae ien kwo ejmour.
- Kwonaaj aikuij pād 15-30 minit elikin am wā ñan lale ñe emman jabdeiwoṭ.



Ejjelḡok kein kamool ke wā in ej Jelḡṭ an armij maroñ in neji. Ri-bḡrḡro ro rej aikuj kenono ibben taktḡ ro aer im lale ñe rej aikuj in wā.

Wā ko ~~EJJELḡOK~~  
men kein ie:

- Uno in bḡbrae an mḡñā, alaal im men ko jet kṡṭ
- Lep
- Kaniek in pig
- Gelatin
- Latex
- Kijin COVID-19

Jet wā ej aikuj ruo kṡṭtan bḡki ak jet wā juṡn wot kṡṭtan. Aolepen wā kein remman im rej jermal.

Ñan wā ko rej aikuj ruo kṡṭtan bḡki:

- Wā eo jinoin ej kepooj enbwinnim.
- Wā eo kein karuo kwoj bḡke jet wiik tokelik bwe en lukkun kṡjparok kwe.
- Eaurḡk bwe kwon bḡki aolep wā kein ruo bwe en lukkun kṡjparok kwe.

## KṡJPAROK KWE ELIKIN AM WĀ.

Ilo tḡre in, expert ro rejjab jelā aetokan an wā in maroñ kṡjparok kwe. Meñe emḡj am wā, wḡnmaanḡok wot im:



Ekkḡnak  
am mask



Kattḡḡok kwe  
jen ro jet.



Kakkutkut am  
kwal peim



Karreeki ijoko  
ekkutkut jibwi.



**NRC-RIM**  
National Resource Center for  
Refugees, Immigrants, and Migrants

Ñan melele ko rellablok: [cdc.gov/coronavirus](https://cdc.gov/coronavirus)