

How to order **FREE** COVID-19 tests from the United States Postal Service (USPS)

संयुक्त राज्य हुलाक सेवा (USPS) बाट कसरी निःशुल्क COVID-19 परीक्षणहरू मगाउने

Last updated January 28, 2022

पछिल्लो अध्यावधिक जनवरी २८, २०२२

Steps for ordering the tests online

परीक्षणहरू अनलाइनबाट मगाउनका लागि चरणहरू

1. Go to <https://special.usps.com/testkits>
<https://special.usps.com/testkits> यस लिंकमा दबाउनुहोस्
2. Complete the form which only asks for your name, address and if you want updates, your email (providing an email is not required). You do not need to provide any other personal information.
फारम भर्नुहोस् जसले तपाईंको नाम, ठेगाना मात्र सोध्छ र यदि तपाईं अद्यावधिकहरू चाहनुहुन्छ भने, तपाईंको इमेल (इमेल प्रदान गर्न आवश्यक छैन)। तपाईंले कुनै पनि अन्य व्यक्तिगत जानकारी प्रदान गर्न आवश्यक छैन।

The beginning of the form says:

फारमको सुरुमा भनिएको छ :

Place Your Order for Free At-Home COVID-19 Tests

निःशुल्क COVID-19 परीक्षणहरूको लागि घरमै मगाउनु होस्

Residential households in the U.S. can order one set of 4 free at-home tests from USPS.com. Here's what you need to know about your order:



The International Rescue Committee helps people whose lives and livelihoods are shattered by conflict and disaster to survive, recover and regain control of their future.

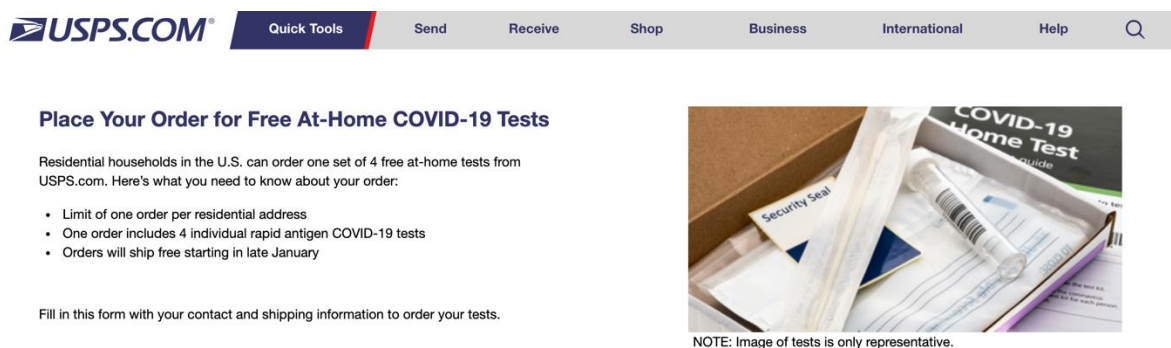
The National Resource Center for Refugees, Immigrants, and Migrants (NRC- RIM) is funded by the U.S. Centers for Disease Control and Prevention to support health departments and community organizations working with refugee, immigrant, and migrant communities that have been disproportionately affected by COVID-19. Learn more at nrcrim.org. Last update: 1/28/2022

संयुक्त राज्य अमेरिकामा घर परिवारहरूले घरबाटै USPS.com मार्फत एक सेटमा 4 वटा निःशुल्क परीक्षणहरू मगाउन सक्छन्। तपाईंले मगाएको बारेमा निम्न कुराहरू जान्न आवश्यक छः

- Limit of one order per residential address
- एक घर ठेगानाको लागि सिमित एउटा मगाउन सकिन्छ
- One order includes 4 individual rapid antigen COVID-19 tests
- एउटा मगाउदा 4 व्यक्तिगत र्यापिड एन्टिजेन COVID-19 परीक्षणहरू समावेश हुने छन्
- Orders will ship free starting in late January
- मगाएका सामग्री जनवरीको अन्त्यमा निःशुल्क पठाइनेछन्

Fill in this form with your contact and shipping information to order your tests.

तपाईंको परीक्षणहरू मगाउन आफ्नो सम्पर्क र हुलाक प्राप्त गर्ने विवरणको साथ यो फारम भर्नुहोस्।



Step 1: Input your contact information

चरण १: आफ्नो सम्पर्क जानकारी भर्नुहोस्

- Your first and last name.
- तपाईंको नाम र थर।
- Your email is optional and if provided, will be used to send you notification of shipping updates.



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- तपाईंको इमेल ऐच्छिक हो र यदि उपलब्ध गराइयो भने, तपाईंलाई हुलाक प्राप्त गर्ने सम्बन्ध अद्यावधिकहरूको सूचना पठाउन प्रयोग गरिनेछ।

1. Contact Information

Contact information for the person placing the order.

*First Name

*Last Name

Email (if you wish to receive shipping notifications)

Order Summary

Free At-Home COVID-19 Tests

Order of 4 tests

Subtotal	\$0.00
Shipping & Handling	\$0.00
Total	\$0.00

Check Out Now

Step 2: Input the address you want tests shipped to

चरण २: तपाईंले परीक्षण पठाउन चाहनुभएको ठेगाना भर्नुहोस्

- Your first and last name again.
- फेरी तपाईंको नाम र थर
- Your street name, apartment number if relevant, city, state and zip code.
- तपाईंको सडकको नाम, सान्दर्भिक भएमा अपार्टमेन्ट नम्बर, सहर, राज्य र जिप कोडा

2. Shipping Address

First/Last Name same as above.

*First Name

*Last Name

*Street Address / PO Box

Apt / Suite / Other

*City

*State or Province

*ZIP Code™

Order Summary

Free At-Home COVID-19 Tests

Order of 4 tests

Subtotal	\$0.00
Shipping & Handling	\$0.00
Total	\$0.00

Check Out Now

Step 3: Next you will see a privacy statement

चरण ३: अर्को तपाईंले गोपनीयता वयान देख्नुहुनेछ

- There is nothing you need to do here.
- तपाईंले यहाँ केही गर्न आवश्यक छैन।
- The privacy statement shares that your information will be used to send you the tests. This information will not be shared with third parties without consent.



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- गोपनीयता वयान साझा गर्दछ कि तपाईंको जानकारी तपाईंलाई परीक्षणहरू पठाउन प्रयोग गरिनेछ। यो जानकारी मन्जुरी बिना तस्रो पक्षहरूसँग साझा गरिने छैन।
- If you would like to read the privacy statement in full you can do so on the webpage.
- यदि तपाईं पूर्ण रूपमा गोपनीयता वयान पढ्न चाहनुहुन्छ भने तपाईं वेबपेजमा गएर पढ्न सक्नुहुन्छ।

Privacy Act Statement

Your information will be used to provide COVID-19 Testing Kits to the address you provided, and to provide company and product fulfillment information about that testing kit to a federal executive agency. Collection is authorized by 39 U.S.C. 401, 403, 404, and 411. Supplying your information is voluntary, but if not provided, we may not be able to fulfill your request for a COVID-19 Testing Kit. We do not disclose your information to third parties without your consent, except to act on your behalf or request, or as legally required. This includes the following limited circumstances: to a congressional office on your behalf; to agencies and entities to facilitate or resolve financial transactions; to a U.S. Postal Service auditor; for law enforcement purposes, to labor organizations as required by applicable law; incident to legal proceedings involving the Postal Service; to government agencies in connection with decisions as necessary; to agents or contractors when necessary to fulfill a business function or provide products and services to customers; for customer service purposes; and to other federal executive agencies pursuant to 39 U.S.C § 411. For more information regarding our privacy policies visit www.usps.com/privacypolicy.

Step 4: Next you click on the green button that says "Check Out Now"

चरण ४: अब तपाईंले "Check Out Now" भन्ने हरियो बटनमा दबाउनु होस्।

2. Shipping Address

First/Last Name same as above.

*First Name	*Last Name	
<input type="text"/>	<input type="text"/>	
*Street Address / PO Box	Apt / Suite / Other	
<input type="text" value="123 Main Street or PO Box 100"/>	<input type="text" value="Apt A / Ste 5 / # 23"/>	
*City	*State or Province	*ZIP Code™
<input type="text"/>	<input type="text" value="Select a State"/>	<input type="text"/>

Order Summary

Free At-Home COVID-19 Tests

Order of 4 tests

Subtotal	\$0.00
Shipping & Handling	\$0.00
Total	\$0.00

Check Out Now

Step 5: You will be asked to review your order to make sure your address is correct.

चरण ५: तपाईंको ठेगाना सही छ भनी सुनिश्चित गर्न तपाईंलाई मगाएको समीक्षा गर्नको लागि सोधिनेछ।

- If you notice any of your information is incorrect, you can click on the blue link that says "Edit".
- यदि तपाईंले आफ्नो कुनै पनि जानकारी गलत भएको देख्नुभयो भने, तपाईंले "Edit" भन्ने निलो लिङ्कमा दबाउन सक्नुहुन्छ।
- After your review, click on the green button that says "Place my order".
- तपाईंको समीक्षा पछि, "Place my order" भन्ने हरियो बटनमा दबाउनु होस् ।



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- A message will come on the screen confirming that your order has gone through.
- स्क्रिनमा एउटा सन्देश आउनेछ जसले तपाईंले मगाएको पुष्टि गर्दछ।

Steps for ordering the tests by phone

फोनद्वारा परीक्षणहरू मगाउने चरणहरू

1. If you have difficulty completing an online form or prefer to talk to a representative, call 1-800-232-0233. This line is available every day, from 8am to midnight Eastern Time. Assistance is offered in over 150 languages.

यदि तपाईंलाई अनलाइन फारम भर्न कठिनाई छ वा प्रतिनिधिसँग कुरा गर्न चाहनुहुन्छ भने, 1-800-232-0233 मा कल गर्नुहोस्। यो लाइन हरेक दिन, बिहान 8 बजे देखि मध्यरात पूर्वी समय सम्म उपलब्ध छ। 150 भन्दा बढी भाषाहरूमा सहायता दिलाइन्छ।

2. When you call you will hear a message saying "Thank you for calling the COVID-19..." in English. They will then say to continue in English press 1, and after will list several other language options (e.g., Spanish, Tagalog). If you do not hear your language, you can choose **option 7** for other languages.

तपाईंले कल गर्दा अंग्रेजीमा "Thank you for calling the COVID-19..." भन्ने सन्देश सुन्नुहुनेछ। तिनीहरूले त्यसपछि अंग्रेजीको लागि १ दबाउनु होस् भन्नेछन्, र पछि सूचीबद्ध रूपमा (उद्धारण लागि, स्पेनिश, तागालोग) लगायत अन्य भाषाका विकल्पहरू दिनेछन्। यदि आफ्नो भाषा सुन्नु भएन भने, तपाईंले other languages छनोट गर्न विकल्प 7 दबाउन सक्नुहुन्छ।



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3. When the representative answers, tell them the language you need and they will get an interpreter on the line.

जब प्रतिनिधिले जवाफ दिन्छन्, उनीहरूलाई तपाईंको आवश्यक भाषा बताउनुहोस् र उनीहरूले फोनमा दोभाषेको व्यवस्था गर्नेछन्।



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