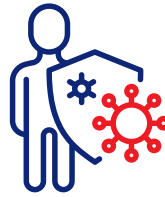


LOS PAUB QHOV TSEEB. KAB MOB KOV YEEJ

Cov neeg feem coob uas mob hnyav los ntawm tus kab mob COVID-19 yog lawv tsis txhaj cov koob tshuaj tiv thaiv COVID-19 kom raws sij hawm.

Txhaj cov koob tshuaj tiv thaiv COVID-19 kom raws sij hawm txhais tau hais tias yuav tsum tau txhaj ob koob tshuaj tiv thaiv, thiab tom qab ntawd yuav tsum tau txhaj koob tshuaj txhawb ntxiv yog thaum koj tsim nyog txhaj lawm.



COV TSHUAJ TIV THAIV YUAV TIV THAIV KOM TSIS TXHOB MOB HNYAV HEEV.

Txawm tias thaum muaj kab mob kov yeej los, cov tshuaj tiv thaiv tseem tiv thaiv tau yuav luag txhua tus tib neeg uas twb tau txhaj cov tshuaj tiv thaiv tas lawm kom tsis txhob mob hnyav heev los yog tuag.



COV TSHUAJ TIV THAIV YUAV TSIS UA LI CAS RAU KOJ.

Tsheej tus tib neeg twb tau txhaj cov tshuaj tiv thaiv no lawm thiab pom tias tsis tsim teeb meem dabtsi rau lawv, tsis hais haiv neeg twg, tuaj lub teb chaws twg tuaj, thiab txawm laus los hluas los xij. Tom qab txhaj tshuaj tiv thaiv tas, yog muaj qho yog muaj qhov me ntsis mob no los tsis ua lis cas los tsis ua li cas. Rau qee leej uas ho muaj tej tsos mob hnyav, lawv feem coob twb zoo tas lawm.

Cov tshuaj tiv thaiv COVID-19 yeej tiv thaiv tau zoo heev.

Txoj hauv kev zoo tshaj uas yuav tiv thaiv tau koj tus kheej, koj tsev neeg, thiab koj lub zej zog ces yog yuav tsum tau txhaj cov tshuaj tiv thaiv kab mob COVID-19 kom raws sij hawm.

Yog koj tsis txhaj koj cov koob tshuaj tiv thaiv COVID-19 kom raws sij hawm, koj yuav muaj feem kis tau tus kab mob COVID-19 ntau dua, mob hnyav los si tuag tau, thiab hos yuav kis tau rau lwm tus.



KOJ PAB TAU KOM TSIS MUAJ TUS KAB MOB KOV YEEJ

Txawm koj twb txhaj tshuaj tiv thaiv lawm los, koj thiab koj tsev neeg yuav muaj kev nyab xeeb tshaj plaws yog tias koj rau daim ntau npog qhov ncauj qhov ntswg.

Xyaum nyob sib nrug, tsis txhob mus koom nrog neeg coob coob, thiab nquag ntxuav koj txhais tes tsis tseg kom thiaj tiv thaiv tau koj thiab lwm tus.

TIV THAIV KOJ TUS KHEEJ. TIV THAIV KOJ LUB LUB ZEJ LUB ZOG. MUS TXHAJ TSHUAJ TIV THAIV.

