

GET THE FACTS.

WEARING A MASK



IT IS ALWAYS SAFEST TO WEAR A MASK

COVID-19 is still infecting thousands of people every day including elderly, adults, teens and children. **Regardless of whether masks are required in your area, you and your family will be safest if you wear a mask.**

Masks protect against COVID-19

Because COVID-19 spreads very easily, wearing a mask protects you, your friends and family, and your community.

- ✓ When you wear a mask, it is less likely that you will get sick from breathing in the virus if it is in the air.
- ✓ It is possible to be sick with COVID-19 and not know it, because not everyone feels sick. In this case, wearing a mask makes it less likely that you will spread the virus to others.



MASKS MUST BE WORN PROPERLY TO BE EFFECTIVE.

- Wear your mask over your nose and mouth
- Make sure no air leaks out the top or sides
- Put your mask on and off with clean hands
- Do not touch your mask when it is on your face
- Clean your reusable mask at least daily
- Use your disposable mask only once



Vaccines provide the most protection

- Getting vaccinated is the most important step for you to take to protect yourself and your community.
- It is important to stay up-to-date on your COVID-19 vaccines, including getting booster shots when you're eligible.

EVEN VACCINATED PEOPLE ARE SAFEST WITH A MASK

It is possible to get sick with COVID-19 after you're vaccinated, but the vaccine will still protect you from getting seriously ill.

Getting a vaccine and wearing a mask are the best ways to avoid getting sick and spreading COVID-19 to others.