GET THE FACTS.
WEARING A MASK

IT IS ALWAYS SAFEST TO WEAR A MASK

COVID-19 is still infecting thousands of people every day including elderly, adults, teens and children. Regardless of whether masks are required in your area, you and your family will be safest if you wear a mask.

Masks protect against COVID-19

Because COVID-19 spreads very easily, wearing a mask protects you, your friends and family, and your community.

- When you wear a mask, it is less likely that you will get sick from breathing in the virus if it is in the air.
- It is possible to be sick with COVID-19 and not know it, because not everyone feels sick. In this case, wearing a mask makes it less likely that you will spread the virus to others.

Masks must be worn properly to be effective.

- Wear your mask over your nose and mouth
- Make sure no air leaks out the top or sides
- Put your mask on and off with clean hands
- Do not touch your mask when it is on your face
- Clean your reusable mask at least daily
- Use your disposable mask only once

Vaccines provide the most protection

- Getting vaccinated is the most important step for you to take to protect yourself and your community.
- It is important to stay up-to-date on your COVID-19 vaccines, including getting booster shots when you’re eligible.

EVEN VACCINATED PEOPLE ARE SAFEST WITH A MASK

It is possible to get sick with COVID-19 after you’re vaccinated, but the vaccine will still protect you from getting seriously ill.

Getting a vaccine and wearing a mask are the best ways to avoid getting sick and spreading COVID-19 to others.

For more information: cdc.gov/coronavirus

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