

A SI SITSETMI KONGLAM THEIH.

COVID-19 A PHUNPHUN: NA CAAH THEIH A HERHMI

Zawtnak rungrul cu aa thleng zungzal. Aa thleng tuk tikah, mifim pawl nih zawtnak phunthar tiah an auh. Zawtnak thar a phunphun chungin cheukhat cu tih a nung lo deuh i, cheukhat cu tih a nung deuh.



Scientist pawl nih zawtnak ngah le midang sin ah karhter a fawi deuhmi phunththen pawl, silole zawtnak fakpi a chuah ter deughtu phunththen pawl kong ah an lungrethei.



Upa, mino le ngakchia pawl telhchih in, COVID-19 ruangah mi tampi an zaw thualhmah.

ZAWT KHAMNAK SII NIH COVID-19 PHUNTHEN PHUNPHUN A KHAM

Nangmah le nangmah, na chungkhar, le na pawngkam zawrnak karhnak in khamhnak caah a ttha bikmi lam cu na COVID-19 raikhamsii chunhnak ah peh-zulh in um kha asi. Zawt khamnak sii pawl cu:

- ✓ **HIMNAK:** Ngakchia, mino le upa pawl caah, miphun dangdang, chuah kehnak khua le ram a phunphun le kum telhchih in, zawt khamnak sii cu minung nuai (millions) tampi caah a him tiah langhter a si cang. Zawt khamnak sii he tlopbul lioah zual ngai in thlakphuatmi zawtnak thar nakin COVID-19 in tlakphuatmi zawtnak thar a tam deuh kho men.
- ✓ **HMUA A NGEIHNAK:** COVID-19 phunththen pawl ngahnak in raikhamsii nih an khamh. Zawt khamnak sii nih zual tuk in zawt le na zawt hmanh ah thihnak in an kilven.
- ✓ **TANGKA PEK A HAU LO:** Mipeem sathlai sining dirhmun, ID asiloah ngandamnak aamakhn ngeih le ngeih lo; zeibantuk a si zongah, nangmah le na ngakchia caah tangka pek loin zawt khamnak sii chun khawh a si.



Pehzulmi (up-to-date) na si lo ahcun COVID-19 zawtnak nih fak deuh in an tlak khawh, ttihnung tuk in zawt silole thih, cun midang sin ah na karhter khawh.

ZAWT KHAMNAK SII CHUN IN TIH A NUNG BIK MI ZAWTNAK A PHUNPHUN KHAM KHAWH A SI

A hleicein zawt khamnak sii aa chun cangmi pawl zong nih mi tampi asiloah inn chung mibu sinah an tlon len ahcun, a hlan kan tein kilvennak ngeih dingah ngandamnak lei thiamsang pawl nih an dirhkamh.



Kan pawngkam(communities) vialte nih raikhamsii chunhnak hi ttih a nung tukmi zawtnak rungrul thar karhnak khamhnak ding caah lam pakhat asi.

Nangmah le nangmah, na chungkhar, le na pawngkam zawrnak karhnak in khamhnak caah a ttha bikmi lam cu na COVID-19 raikhamsii chunhnak ah peh-zulh in um kha asi.



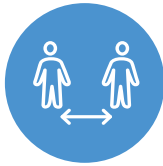
A donghnak bik naa chunh mi in raikhamsii nih a pekmi khamhnak vial te ngah nak ding ah zerh hnih a rau.

COVID-19 PHUNPHUN IN MAH TEIN LE NA UMNAK SANG LE VENG KILVEN

A cheu COVID-19 phunthhen(variants) pawl cu ngah le midang sin ah karhter an fawi tuk. Zawt khamnak sii chunhnak in nangmah le na zatlangbu pawl cu kilveng:



Hmaihuh hman.



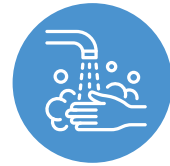
Mi tampi i tonnak mibu hrial.



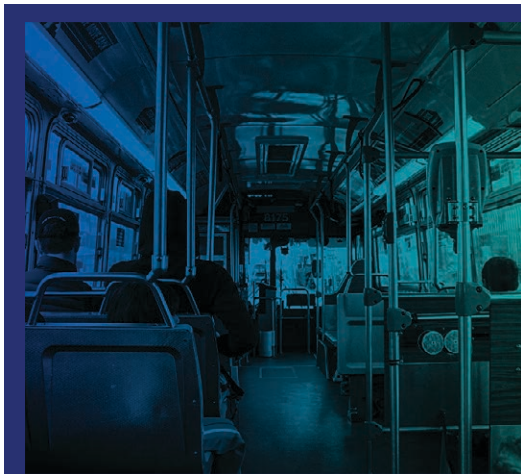
Mi tampi aa butnak hmun hrial.



Tongh lengmang mi hmun pawl rungrul that ding



Na kut i ÷awl lengmang.



Zawt khamnak sii chun in ÷ihnung zawtnak phunthar pawl kham khawh an si.

COVID-19 ngol le dinhter dingah kan bawm.