

# A SI SITSETMI KONGLAM THEIH.

## COVID-19 CHEK RUANGAH SANG LE VENG A KILVEN

COVID-19 zawt khamnak sii i chun hmanh-ah, zawt chawnh khawh a si. Zawt a si lai lo i chawnh zong hngalh a si lai lo. Zawtnak chek tikah dawtmi, sang le veng kilven lawng si loin, mah le mah zong i kilven a si.

Zawt khamnak sii chun zongah chun lo zongah, kan umnak sang le veng a him deuh caah zawt zongah zawt lo zongah i chek a si. Upa, ngakchia le naute telhchih in a ho paoh i chek khawh a si.



### I CHEK CAAN

- Zawtnak hmelchunh pawl na ngei ahcun
- Zawtnak a ngei tiah chek cang mi pakhatkhat pawngkam ah na um ahcun
- Khualtlawn hlan le khualtlawn hnuah
- Mibu umnak innchung ah umti hlan le umti hnuah
- Sianginn asiloah rianquannak ah chek a herh ahcun



### ZAWTNAK HMELCHUNH PAWL

- Taklinh zawtnak
- Khuh
- Thaw phih
- Thabat (bat cikcek)
- Or fah
- Cumpi hnap asiloah hnar pit
- Taksa fah asiloah takpum fah
- Lu fah
- Chungno asiloah chungtlik zawtnak
- Thawtnam asiloah rim theih lonak

COVID-19 zawtnak hmelchunh pawl ruangah, tlangrai (cumpi) le kih tlaih sawhsawh zong aa khat tuk i, COVID ngeih le ngeih lo theihnak lam pakhat cu chek hi a si.

# I CHEKNAK HMUN

## Hmun tampi ah chek khawh a si

Sii bawi zung, sang le veng cheknak hmun, rianquannak, sianginn, asiloah sii-dawr ah i chek khawh a si. Mah tein inn ah i chek khawhnak zong sii-dawr tampi nih cheknak thilri an pek.

## Cheknak cu tlithup a si

Ngandamnak aamahkhaan asiloah ID pakhatkhat na ngei ah si seh, ngeih lo zongah si seh, immigration (Lah-Wah-Kah) dirhmun zoh loin tlithup in chek khawh a si.

## RIANRANG LE HIMTEIN CHEK A SI

### Chek ningcang lam tampi an um

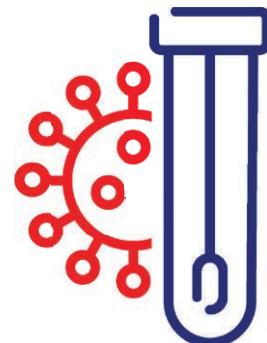
Nangmah tein asiloah ngandamnak thlopbulu thiamsang cawnnak a ngeitu nih hnar, or, asiloah cil hmelchunh pakhatkhat lak a si lai

A cheukhat nih chek man an lak i a dangah man pek hau lo (free) tein chek khawh a si. Konglam tam deuh caah nangmah ngandamnak zung ah pehtlaih.

### Aphi na hngah lioah

A cheukhat nih a phi an pek colh i, a dang ah nikhat asiloah nikhat nakin caan a rau deuh kho men.

Na dam lo ahcun, inn ah um, hmaihuh i hrruk, mibu hrial law midang kha kilven.



### ZAWTNAK NA NGEI AHCUN

Zawtnak na ngei asiloah zawthnik bantuk in na um ahcun, rianquan, sianginn kai le mibu sin ah tlonlen loin inn chungah um cu na umnak sang le veng kilven ningcang ah a biapi bik mi lam tampi chungin lam pakhat a si.

Dinhnak, ti tampi dinnak in nangmah tein i zohkhenn law, zawtnak hmelchunh pawl an zual tuk ahcun siibawi sin ah chawnh.

Zawt khamnak sii asiloah thazang thawntertu (booster) aa chun mi na si rih lo ahcun, na dam hnuah i chun khawh a si.

Zawt khamnak sii i chun caan kongah siibawi sinah hal.



### ZAWTNAK NA NGEI LO AHCUN

Zawthnik bantuk in na um ahcun, hmaihuh i hrruk law mibu sin ah tlonlen loin pehzulh tein inn chungah um.

Zawtnak hmelchunh pawl an um rih le um ti lo theih dingah asiloah na umnak sang le veng pehzulh in kilven dingah a herh bantuk in i chek than.



Zawt khamnak sii aa chun rih lomi na si ahcun, zawt khamnak sii i chun colh. Zawt khamnak sii aa chun cangmi na si ahcun, nangmah le midang kilven dingah thazang thawntertu (booster) i chun.