

## Inkingo zisabwa ku bana kuva ku myaka 7 kugeza 18

Amazina y'Umwana:

Itariki y'Amavuko y'Umwana:

"Recommended Vaccines for Children from 7 to 18 Years" was created and translated October 20, 2023 by the Multilingual Health Education Alliance (M-HEAL). [Kinyarwanda]

Iyi nyandiko ishingiyeye ku nama z'ibigo bishinzwe ubugenzuzi no gukumira indwara muri Reta zunze Ubumwe bw'Amerika kuwa 10 Gashyantare 2023.



Nimba umwana wawe afite urugendo hanze ya Reta zunze Ubumwe bw'Amerika, atuye mu karere gakunze kurangwa n'ubwandu bw'indwara ya dengue, cyangwa afite ubudahangarwa buke by'umubiri, baza muganga w'umwana nimba hakenewe izindi nkingo cyangwa hakenewe dozi y'inyongera y'urukingo kugirango bwongere umwana uburinzi.

Nimba umwana wawe atarahawe inkingo zose zo mu bwana, reba " Inkingo zisabwa ku bana kuva bavutse kugeza ku myaka 6" Muganga azakora iyindi gahunda yagenderaho kugirango akwize inkingo zose asabwa kuba afite.

	Imyaka 7	Imyaka 8	Imyaka 9	Imyaka 10	Imyaka 11	Imyaka 12	Imyaka 13	Imyaka 14	Imyaka 15	Imyaka 16	Imyaka 17	Imyaka 18
<b>COVID-19*</b>	COVID-19*											
<b>Ibicurane / Influenza (Flu)</b>	Ibicurane ( Dozi 1 cyangwa 2 kuri buri mwana)	Ibicurane ( Dozi 1 buri mwaka )										
<b>Tetanus, Diptheria, na Pertussis</b>					Tdap							
<b>Virusi y'inkondo y'umura/ Virus Human papilloma (HPV)**</b>			HPV ( doze 2 cyangwa 3)**									
<b>Meningococcal disease (MenACWY)</b>					MenACWY					MenACWY		
<b>Meningococcal disease (MenB)***</b>										MenB***		
Andi makuru:	*COVID-19: Umubare wa dozi uterwa n'imyaka y'umwana n'ubwoko bw'urukingo rwakoreshejwe.				**HPV: Ku bana bafite imyaka 9 kugeza kuri 12, hari dozi 2 za HPV. Ku bana bafashe urukingo rwa mbere ku myaka 16 cyangwa irenga, Hari doze 3 za HPV.				MenB irashishikajwe ku bana bose bafite ibyago byinshyi byo kwandura. Abandi bana babishaka bashobora guhabwa uru rukingo kubushake.			