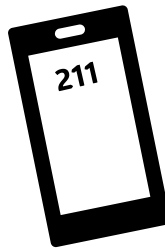


**Looking for  
Resources?**



**Call 2-1-1**

**- FREE and CONFIDENTIAL -**

2-1-1 can help you find agencies that provide free or low-cost:



**Food**



**Medical Care**



**Shelter**



**Counseling**



**Clothing**



**Childcare**



**Transportation**



**Utility assistance**



**Domestic violence help**



**After school  
programs**



**Vaccinations, including the COVID-19 vaccine**

**...and much more!**



If you need interpretation, say the name of your language slowly, or “No English. I speak...” and then wait until an interpreter gets on the phone line. This may take several minutes.



If you have internet access, you can also search for resources at:

[211.org](http://211.org) available in English and Spanish

[AuntBertha.com](http://AuntBertha.com) available in dozens of languages.